

Tips for Wheel Removal and Changing a Flat Tire on the Cannondale Synapse Neo SE 2020



The Synapse comes with two thru-axles; to loosen turn the “Max 11Nm” end counter-clockwise. If the thru-axle was actually tightened to the maximum of 11 Newton Meters (Nm) it may take some effort to get it to loosen.

Once the wheel is off the bike and the inner tube has been deflated you may find that the tire is difficult to loosen from the rim thanks to the track inside the rim that firmly holds it in place. Finding a friend to help loosen the tire from the outer rim should help; four hands work better than two.

Putting the tire back on is not difficult. Inflate to 35 - 50 PSI. While inflating you may hear a “pop” as the wheel snaps back into the same track that was so difficult to get the tire out of as you removed the wheel.



Putting the wheel back on with a Park Tool, which only turns clockwise, to 6 Nm should be fine for all but the most extreme riding.

